SELF-ADMINISTRATION OF ASTHMA AND ANAPHYLAXIS MEDICATIONS - Procedure

1. Students with asthma may be authorized, in consultation with the certificated school nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school-sponsored events or while traveling to and from school or school-sponsored activities. The student shall be authorized to possess and self-administer medication if the following conditions are met:

A. The parent or guardian has submitted a written request for the student to self-administer medication(s) for asthma or anaphylaxis;

B. A health care practitioner has prescribed the medication for use by the student during school hours and instructed the student in the correct and responsible way to use the medication(s);

C. The student has demonstrated to the health care practitioner and certificated school nurse, the skill necessary to use the medication and any device necessary to administer the medication;

D. The health care practitioner provides a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours. The written treatment plan should include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use; and

E. The parent or guardian must sign a statement acknowledging that the district shall incur no liability as a result of any injury arising from the student's self-administration of medication and that the parents or guardians shall indemnify and hold harmless the district and its employees or agents against any claims arising out of the self-administration of medication by the student.

2. The authorization to self medicate will be valid for the same school and school year for which it is granted. The parent or guardian must renew the authorization each school year and with each change of schools.

3. In the event of an asthma or anaphylaxis emergency during school hours, the school that the student attends shall have the following easily accessible at the school:

A. The student's written treatment plan;

B. The parent/guardian's and physician's written request that the student self medicate; and

C. The parent/guardian's signed release of liability.

4. Backup rescue medication, if provided by the parent or guardian, shall be kept at a location in the school to which the student has immediate access during school hours in the event of an asthma or anaphylaxis emergency. The parent/guardian will assure that medication is available to the student after school hours and traveling to/from or during school-sponsored events.
a) If backup medication is not provided by the parent or guardian, the parent or guardian assumes all responsibility for ensuring the student carries the medication during the school day, during school-sponsored events or while traveling to and from school or school-sponsored activities. This includes field trips where backup medication would typically be sent with the supervising staff member. In this situation, school district staff will support the student according to licensed health provider orders, individual health plan, and state guidance, including calling call 911 if applicable.

5. A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the certificated school nurse and the student's parents or guardian if the student demonstrates an inability to responsibly possess and self-administer such medication.

6. The district will comply with the policy developed by the Superintendent of Public Instruction regarding in-service training for school staff provided on symptoms, treatment, and monitoring of students with asthma and on the additional observations that may be needed in different situations that may arise during the school day and during school-sponsored events.

Asthma & Anaphylaxis Rescue Procedures

In the event of an asthma or anaphylactic episode, the certificated school nurse will be immediately contacted. In the absence of the certificated school nurse, the person responsible for school health duties will be contacted.

The district shall follow the procedures outlined in the most recent edition of the AMES: Asthma Management in Educational and Guidelines for the Care of Students with Anaphylaxis published by the Office of the Superintendent of Public Instruction, including:

A. Managing the students' school environment;

B. Training school personnel in rescue procedures;

C. Provide supervision of a student exhibiting symptoms;

D. Provide care as stated in the student's medication orders and individual health plan;

E. Call 911, if appropriate;

F. Notify the student's parent or guardian; and

G. Document interventions;

H. Reviewing the student's emergency care plan and making changes, if necessary.

Cross Reference: Board Policy No. 3416: Medications at School