



# Physical Education and Health Adoption

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Report to the Mount Vernon School District  
Board Meeting  
June 6, 2018







# Health and Physical Education Mission Statement and Beliefs

## Our Mission Statement...

Our mission is to provide a comprehensive and equitable Health and Physical Education program that is designed to enhance the physical, cognitive, emotional, and social development of ALL students providing the skills and knowledge necessary to promote and practice lifelong wellness and fitness.

## We Believe...

Health and Physical Education are integral components in developing the whole child.

The curriculum should be vertically aligned and age and developmentally appropriate.

There should be a comprehensive standard-based K-12 Health and Physical Education program.

In supporting and encouraging opportunities for physical activity both inside and outside the school day.

A wide variety of reading materials, multi-media resources and access to web-based resources are important to enhance the students' knowledge of health.

Instruction should be consistent with best practice and appropriately differentiated to meet the needs of all students.

Students should develop life skills for decision making, problem solving, and responsible behavior.

Students should have an awareness of how to access local community agencies and resources that promote healthy lifestyles.

All students should develop awareness in the different dimensions of health including physical, mental, emotional, and social well being.

For grades 6 -12, Health should be taught by certified health educators.

For grades K-12, Physical education should be taught by certified physical educators.

People teaching physical and health education should have access to collaboration with peers and regular professional development and support.

Communication and advocacy are important.



# Elementary Health Education

The Great Body Shop with supplemental for 5<sup>th</sup> grade HIV/ AID's and Growth and Development

- Taught by Health Specialists
- Curriculum and Materials cost: **\$19,700**
  - The Great Body Shop Teachers Guide
  - KNOW- HIV/ AID's materials
  - Student materials including 10 monthly student issues
- Professional Development: **\$3,000**
  - 1 full days of professional development for specialists

Total Requested: **\$22,700.00**

<https://www.thegreatbodyshop.net/secure/program-guide/17-18>



# Elementary Physical Education

Achieve Curriculum with supplemental materials from Spark

- Curriculum and Materials Cost: **\$93,782**
  - Complete k-5 Achieve Curriculum set
  - Complete Achieve Equipment Pack
  - Complete k-5 Spark Curriculum set
  - Technology Equipment
- Professional Development Cost: **\$44,700**
  - 2 full days in August with Achieve Trainer
  - 6 days during the 2018-2019 school year
  - 1 full day in August 2018 with Spark Trainer
  - 1 conference per year for two years
- Swim Program Cost: **\$29,200** (yearly)

Total Requested- **\$167,682**

<https://www.youtube.com/watch?v=qg-YL0X7YhA>

<https://www.youtube.com/watch?reload=9&v=CqvVHo-Pepw>





# Middle School Physical Education

## Achieve Physical Education Curriculum

- Curriculum and Materials Cost: **\$291,625**
  - Achieve Curriculum Teacher Materials
  - Technology Materials
  - Physical Education Equipment
  
- Professional Development Cost: **\$23,676**
  - 2 full days August 2018 with trainer
  - 1 full day August 2019
  - 1 conference per year for two years

Total Requested- **\$315,301.00**





# High School Health Education

## Comprehensive Health, Goodheart- Wilcox with Supplemental FLASH and Teen Mental Health Curriculum

- Curriculum and Materials Cost: **\$4,254.55**
  - Comprehensive Health Textbooks
  - Teacher Curriculum Materials
  - Teacher Resource CD
  - FLASH- HIV/ AIDs Curriculum
- Professional Development Cost: **\$2,000**
  - 2 full days August 2018

Total Requested- **\$6,255.00**







# Overall Budget Requirements for Adoption

Elementary Health Requested Total: \$22,700

Elementary Physical Education Requested Total: \$167,682

Middle School Health Requested Total: \$194,754

Middle School Physical Education Requested Total: \$315,301

High School Health Requested Total: \$6,255

High School Physical Education Requested Total: \$7,155

Grand Total: \$713,847

