



## **ANAPHYLAXIS PREVENTION PROCEDURE**

For students with a medically diagnosed life-threatening allergy, the district will take appropriate steps for the student's safety, including implementing a nursing care plan.

### **Parent/Guardian Responsibility:**

Prior to enrolling a student, or when newly diagnosed, the parent/guardian will inform the school in writing of the medically diagnosed allergy(ies) and risk of anaphylaxis. If the student participates in activities outside regular school hours, the parent/guardian is responsible to inform the supervising staff of the student's health condition, including allergen, symptoms and treatment. The parent/guardian is responsible to notify the school of any changes in the student's condition and for providing the medical treatment order, the auto-injectors and medications.

### **Nursing Care Plan:**

Upon receiving the diagnosis, the school nurse will contact the parent/guardian to develop a nursing care plan. A nursing care plan will be developed for each student with a medically diagnosed life-threatening allergy. The written plan will identify the student's allergies, symptoms of exposure, practical strategies to minimize the risks and how to respond in an emergency.

The school nurse will contact the parent/guardian prior to the first day of attendance to develop and discuss the nursing care plan. The plan will be developed by the parent, school nurse, health care provider and appropriate school staff.

Annually and prior to the first day of attendance, the student's health file will contain: (1) a completed nursing care plan; (2) a written description of the treatment order, signed by the licensed health care provider and parent; (3) medication authorization form completed by health care provider and parent; and (4) an adequate and current supply of auto injectors (or other medications). The school will also recommend to the parent that a medical alert bracelet be worn by the student at all times.

Students who have a medically diagnosed life-threatening allergy and no medication or treatment order presented to the school, shall be excluded from school to the extent that the district can do so consistent with federal requirement for students with disabilities under the Individuals with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, and pursuant to the following due process requirements:

- A. Written notice to the parents/guardians or person in locos parentis is delivered in person or by certified mail
- B. Notice of the applicable law, including a copy of the laws and rules
- C. The order that the student shall be excluded from school immediately and until medications or treatment orders are presented

**Communication Plan and Responsibility of School Staff:**

After the nursing care plan is developed, the school principal or school nurse will inform appropriate staff regarding the affected student. The school nurse will train appropriate staff regarding implementation of the treatment plan. The plan will be distributed to appropriate staff and placed in appropriate locations in the district (classroom, office, school bus, lunch room, etc). With permission of parent/guardian and the student (if appropriate), other students and parents may be given information about the student's condition.

The lead teacher will ensure that the auto-injector (Epi-Pen) is brought on field trips.

**In-Service Training:**

Annually, each school principal will provide time for the school nurse to present an in-service on how to minimize exposure and how to respond to an anaphylaxis emergency. The training will include a review of avoidance strategies, recognition of symptoms, the emergency protocols to deal with an anaphylaxis episode, and use of an auto-injector.

**Controlling the Exposure to Allergens:**

Controlling the exposure to allergens requires the cooperation of parent/guardian, students, health care community, school employees, and the Board. The district will discourage the sharing of food, utensils, and containers. The district will take other precautions such as avoiding the use of party balloons or contact with latex gloves.